

SEASON PREVIEW EDITION

DOCKERS

20 YEARS



MARCH 2014 VOLUME 10.1
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OFFICIAL MAGAZINE OF THE
FREMANTLE DOCKERS

20 YEARS

CALENDAR
OF EVENTS

2014 SEASON LIFTOUT

PLAYER
PROFILES
FIXTURE
FOCUS

THE

FIREEYEF

HOW NAT HARNESSSED THE FLAME

PROUD MAJOR SPONSORS

PROGRAMMED



woodside

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20 YEARS DOCKER

DEVELOPMENT ACADEMY:
Third year players (From left) Xxxxxx
xxxx xxx xxxxx xxxxx xxxxxxxy.

OFFICIAL MAGAZINE OF THE FREMANTLE DOCKERS FOOTBALL CLUB

MARCH 2014 VOLUME 10.1

- | | | | |
|--|--|---|--|
| <p>4 From the Twittersphere and Instaspace
See what the players have been up to on Twitter.</p> <p>7 Purple Pocket
The latest player news.</p> <p>8 The Fire in Fyfe
How Nat harnessed his burning desire.</p> <p>12 From Day One
Two loyal servants recall their fondest Freo memories.</p> <p>14 Membership Matters
Information for members regarding the Grand Final Upgrades process and 2014 Community Goals Raffle.</p> | <p>16 Inside the Academy
A look at the inner working of Freo's Development Academy.</p> <p>18 Starlight Purple Haze
Can we break the record again in 2014?</p> <p>19 2014 Season Guide Liftout</p> <p>20 Fixtures
Our draw in the 2014 home and away season.</p> <p>21 Fixture Preview
An in-depth look at Freo's challenging season ahead.</p> | <p>22 Milestones and stats
It could be a big year for Freo on the milestone front.</p> <p>24 Ross Lyon Q & A
The senior coach talks about the upcoming season.</p> <p>27 Player Profiles
From 1 to 46, all you need to know about every player at the club.</p> <p>36 2014 Sponsors
The club will receive great support from its sponsors this season.</p> <p>37 Peel Partnership
Freo and Peel Thunder launch a historic partnership in 2014.</p> | <p>38 2014 Community Camp
The club visited the Peel region this year.</p> <p>41 Where Have They Docked?
Andrew McGovern reflects on being an inaugural Docker.</p> <p>43 Charity Partnerships
Among the charity news, Constable Care turns 25.</p> <p>44 Welcome to the Purple Patch
Freo fans turn every corner of the globe purple.</p> <p>46 KidZone
Johnny 'The Doc' and Jenny Docker's page of activities.</p> |
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Rove McManus
@Rove
Thank you to all at Fremantle FC for Ruby's recruiting package.



Lee Spurr
@leespurr34
Down in Freo for a coffee and met these 3 @haimtheband #chilled#legends



hballas
@hballas
Uncle Antonio having a cuddle. @chonga7 @moraa2



hballas
@hballas
#mymatechris actually rates himself. Who does he look like?



dockercrazy
@dockercrazy
He's so tall #gofreo



micksobhishi @micksobhishi
Celebrating Chinese New Year in Kuala Lumpur, the Freo way! #ownthemoment #gofreo #cny

insta-space twitter-sphere #gofreo

A look at what's been happening in the #gofreo world.



gleeso27
@gleeso27
Getting ready for season 2014 #GoFreo



Matt de Boer
@mattdeboer9
Sos was a liability to start the day #skintightsaturday



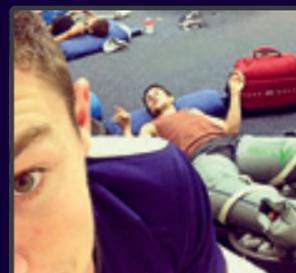
Ryan Crowley @thecrowl
Hanging out with these little legends at our family fun day. Nice to see the sweat bands catching on!



Lachie Neale
@LachieNeale27
Looking forward to getting home to this legends wedding @maffwilson #NHS



Jack Hannath
@jackhannath
Next week will lose the locks for @LeukemiaAus #woldsgreatestshave



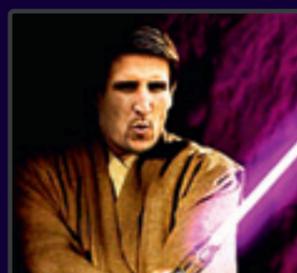
Lachie Neale
@LachieNeale27
My mate preparing for life after footy! #astronaut



John Vidovich
@j_viddy
Bumped into Lee Spurr & Baloo at Chalky's Cafe :) #GoFreo



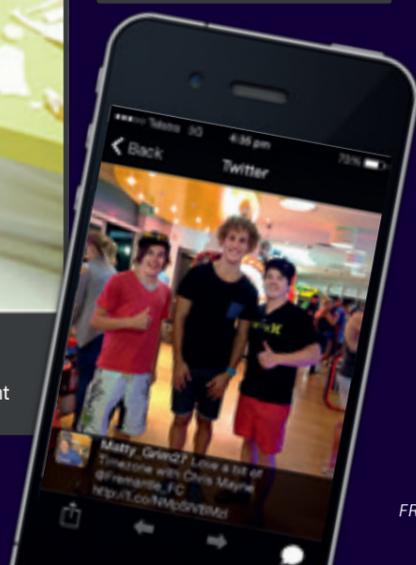
fremantledockers @fremantledockers
@mattdeboer spreading the Christmas spirit with @starlightau at PMH today. #gofreo #ownthemoment



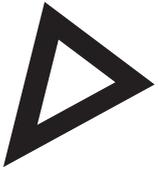
Tendai Mzungu
@tmzungo13
Happy birthday @mattpav29 #maytheforcebewithyou



Jodie Chiappini
@jjchip
Dad playing golf against his daughters idol!



tamerafrancis
@tamerafrancis
Just a casual day in #freo #gofreo



This guernsey is more than just a piece of clothing.
It represents my passion. It represents what I believe in.
It represents my team.

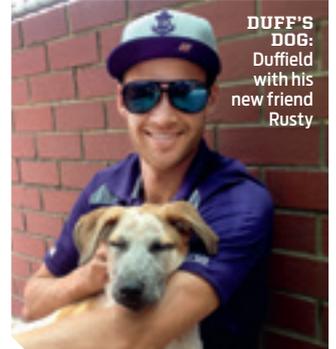
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PURPLE POCKET

What's been happening in the world of the Fremantle Dockers

SOUP'S UP: Barlow, Dawson and Spurr doing their bit



DUFF'S DOG: Duffield with his new friend Rusty



MAYNE'S BEST FRIEND: Pocket looks very comfortable

TRAINING WITH THE PRO'S

Best mates Matt de Boer and Tendai Mzungu decided to run a competition on Twitter in December to give two lucky fans the chance to train with them on Christmas Eve. They put the question out asking fans what their favourite post-workout meal was. The two winners, Chris Swatta and Alex Serrangeli, were put through their paces at Fremantle Oval and completed a running session with de Boer and Mzungu. "The guys did really well, we worked them hard so they could see what we usually do," de Boer said. "It was great to be able to give our fans a behind the scenes look into our training."

WOULD YOU LIKE SOUP WITH THAT?

Zac Dawson, Lee Spurr and Michael Barlow have joined the Red Cross Soup Patrol. The trio head out one evening each month in the Red Cross van to deliver soup to underprivileged and homeless people around the Fremantle area. "Zac came up with the initial idea that he would like to give back and since we are pretty close mates, Mick and I wanted to get involved too," Spurr said. "We enjoy getting to spend time together, and it's good to be able to help the Red Cross out."



IN THE DOG HOUSE

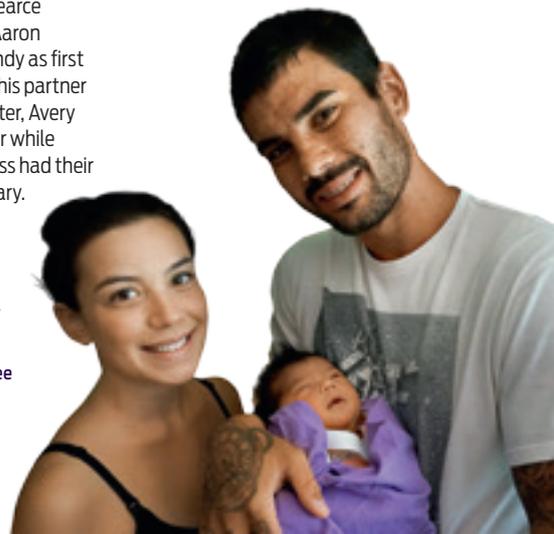
In December, dog lovers Chris Mayne and Paul Duffield spent a Saturday morning locked in a kennel at Shenton Park Dogs' Refuge Home. The two Fremo players donated their time to encourage people to adopt a dog around Christmas time. Mayne, who owns a chocolate Labrador called Milo, said he enjoyed the morning. "I love my dog, so if there is anything I can do to make sure all dogs are well looked after and loved I am happy to do it," he said. "The morning was great and the dog I shared a kennel with, called Pocket, was adopted only a day after, so I think it was a success."

DOCKER DADS

There has been a baby boom at Fremo HQ lately with new dads Hayden Ballantyne and Clancee Pearce joining Matthew Pavlich, Aaron Sandilands and David Mundy as first time fathers. Hayden and his partner Alyssa welcomed a daughter, Avery into the world in December while Clancee and his partner Jess had their baby girl Memphis in January. Michael Walters is next in line to welcome another bub in to the world, his partner Marnie is due >>>



WORKING HARD: The Fremo boys put the competition winners through their paces.



MEMPHIS: Jess and Clancee with their bundle of joy.

THE FIRE IN

The raging competitiveness inside Nathan Fyfe has been one of the budding superstar's greatest strengths. It was also his biggest weakness.

STORY » COSTA KASTANIS



“HE TOLD ME I HAD TO LET MY FOOTBALL BE THE ULTIMATE VOICE AND THAT I COULDN'T LET MY ATTITUDE DECIDE WHERE MY FOOTBALL ENDED UP.”
NATHAN FYFE

A

t the start of year 12 in 2008, Nathan Fyfe walked up to his football coach's office at Aquinas College and knocked on the door. He entered, sat down and asked a question:

"What do I have to change?"

One of Fyfe's greatest assets, his competitive fire, had also been his biggest weakness in his formative years. "Just awful."

That's how mother Christine described what her son was like to be around if he had been beaten in a game of tennis back home in Lake Grace.

It was in the Wheatbelt town, 345 kilometres south-east of Perth, that Nat's competitiveness was forged.

"Being from a small country town there wasn't always heaps of competition, so the benchmark was always set at being the best at whatever it was that I was doing.

So whether that be tennis or football, I really wanted to be as good as I could be and, ultimately, be the best," Nat says.

It started instinctively, when he was just six months old. Nat's two-year-old brother Liam had suffered a brain injury that forced him to learn to crawl and walk again.

Christine recalls the earliest signs of her youngest son's determination to win.

"Nat was there at every therapy session, trying to do better than Liam," she says.

Tennis was young Nat's first love. He'd stay up the night before a tournament, sussing out his competition. Those he knew he would beat, he dismissed. If he expected a challenge, he'd think about how he could beat that opponent.

With his path to the final already mapped out in his head, Nat would be driven to the tournament by his mum. On the way, Christine, knowing what the return journey would be like if he didn't win, reminded him it was only a game.



“HE ALWAYS SEEMED TO BE ABLE TO KEEP A LEVEL HEAD. I NEVER SAW HIM GET FLUSTERED.”

JAMIE LOCKYER

"He'd say, 'yes mum', because in his head he thought he'd be walking away with a win anyway," she says.

But things didn't always go to plan. Sometimes, an opponent Nat had written off as a regulation win would begin to get the better of him.

"You'd see him try and think really quickly how he could overcome what was happening to him, and if he couldn't he should have just walked off the court," Christine says.

"The ones he thought he would beat and he didn't, he would just lose it, and he couldn't recover for a long time."

Nat's other passion was football. Fortunately, defeat was rare for his team in Lake Grace. Christine has mostly positive memories of a young boy who loved the game so much, he took it to sleep with him.

"Most kids his age take a football to bed, but he'd take his notebook and pen and he would draw out how the team should play and where they should be on the field," she says.

"And he'd more than likely slide that piece of paper to the coach."

In 2004, Nat moved to Perth, where he boarded at Aquinas College – an all-boys school with a proud football history. He cruised through his first three years of school, and despite being a very small, skinny kid, he had undoubted natural ability in football. It was in year 11 when his attitude became an issue.

Nat was playing in the Aquinas seconds. Despite his obvious talent, his coaches held him back from the first team because of his size.

Nat disagreed. "When I wasn't growing and I wasn't getting a game in the first team, I thought I was a bit hard done by," he says.

"I guess I thought I was more advanced than the coaches saw me, and that really frustrated me."

Nat's attitude deteriorated to the point where he found himself playing in the thirds. Christine, who made the four-hour drive from Lake Grace every week, struggled to watch her son.

"He just tried to see how many one-handed marks he could take," she says.

"He wasn't there to be serious because, in his mind, no one else was, it was inferior footy to him."

It was at this point that Nat's parents offered their son some guidance. They had never pushed him hard in any direction, because he didn't need to be. But they could see his dream withering away in front of their own eyes.

"He was always going to be an AFL player, like every other kid, but Nat meant it," Christine says.

His father, David, had a simple message, one that Nat remembers clearly.

"He told me I had to let my football be the ultimate voice and that I couldn't let my attitude decide where my football ended up," Nat says.

"Basically, he told me to shut up and let my football skills guide the path I wanted to go down."

Christine also got through to Nat. She told him she wasn't going to come watch him play anymore, not because of his football, but because of his attitude to football.

"That was pretty tough to hear," Nat says.



"When she said that to me, it was a tough pill to swallow. I was still in that stage when I thought I deserved to be playing in the first team and I was getting hard done by, so to hear that on top of everything, it was a lot to handle.

"Once I really wrapped my head around it, that's when I decided I needed an attitude change."

At the start of year 12 in 2008, Aquinas had organised a football tour to Melbourne. Nat's name was not on the list.

Swallowing his pride, he walked up to Aquinas first-team coach Jamie Lockyer's office, knocked on the door, entered and sat down.

Lockyer knew there and then that the switch had been flicked inside Nat.

"What I saw was the light bulb switch on," Lockyer says.

"Nat had got to a point where he thought, 'I want to make something of this' and he certainly made that very clear to me in our conversation, that he needed to go on the football tour to Melbourne and play first 18 at Aquinas, and that he was prepared to do whatever it took."

Nat remembers clearly the advice Lockyer gave him.

"He told me about my attitude and how I needed to raise my intent to work hard and develop and really fit in as part of the team," he says.

"It took me a while to change my mindset from 'these guys have got it wrong' to 'I actually have to change a few things to get back to where I was'.

"Once I made that attitude shift, that I didn't deserve to be in the team, that I had to earn my way back into the team, it set the path out clearly for me."

Nat, who had a considerable growth spurt in year 12, went on that tour to Melbourne, and he shone all season long for the Aquinas first 18 team that won the prestigious Alcock Cup school competition.

Lockyer hadn't coached him before year 12, but what he saw throughout 2008 excited him.

"Nat demonstrated throughout the year that he had the freakish ability to do things in a game that made you look twice at him and realise he could be destined for greater things," he says.

But it wasn't just on the field that Nat was starring. Off it, he did everything he could to help take his game to the next level.

"He was fastidious in wanting to improve all the time," Lockyer says.

"He didn't want to leave any stone unturned in trying to make sure he gave the very best performance every time."

Nat had also found a way to harness his competitive fire inside and use it to his advantage.

"He's one of those players that quite obviously never liked to be beaten, never, ever," Lockyer says.

"And I'm not just talking about any game or any quarter, I'm talking about any contest.



EARLY DAYS:
Top: Nat (middle) at school;
Middle: with his footy medal;
and Bottom, from left: with dad David, mum Christine, sister Sheridan and brother Liam.

"You could always tell by his demeanour and the manner in which he responded to things that he was extraordinarily competitive and wanted to rectify whatever the problem was."

But if Nat was beaten, that petulant young boy from the Lake Grace tennis court or the Aquinas thirds was nowhere in sight.

"During year 12, he was never demonstrative in his emotions," Lockyer says.

"He always seemed to be able to keep a level head. I never saw him get flustered, he was very calm and methodical."

The ultimate test of Nat's maturity beyond his early attitudinal struggles came on the greatest possible stage of them all – the AFL Grand Final in 2013.

Not used to losing throughout his football career, he was faced with the toughest defeat of his life after Fremantle's wayward kicking for goal cost it any opportunity of victory.

"It was an eerie feeling once the siren went," Nat says.

"We had never been in that situation before. There was no real script to follow. No one knew what to do."

Nat was a forlorn figure. He had missed two early set-shots himself. After senior coach Ross Lyon had given the team his final address, the players made their way out to greet their families and speak to the media. But not Nat, he stayed inside the change rooms a little while longer.

Knowing how hard he judged himself from his Aquinas days, Lockyer had an idea of what was going through Nat's head.

"He was so meticulous throughout the course of every game, he was never satisfied," he says.

"You see in many other guys, if they get beaten, it doesn't bother them and they move on. But Nat was never like that. If he did one thing wrong he'd always strive to rectify it."

"I can imagine he would have just been beside himself because he sets such extremely high standards for himself."

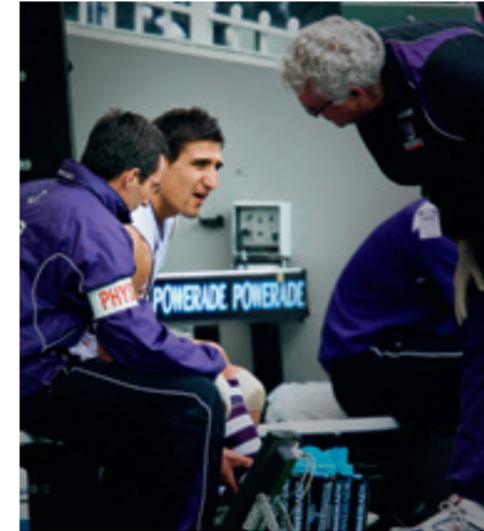
His mum knew exactly what he was going through.

"When he's so emotional, he finds it hard to hide his emotions, so he needed to get himself under control before he walked out in front of all those people," Christine says.

Nat eventually made his way out to meet his family, his Freo hoody pulled over to cover his eyes.

"It was a really flattening time, and a tough time to think about, but ultimately, we've been there now and that experience will hold us in really good stead going into 2014."

The fire in Fyfe is now well and truly under control and fuelling a burning desire to help Fremantle be the best. 🏈



FROM DAY ONE

Club Doctor Ken Withers and principle physiotherapist Doctor Jeffrey Boyle have been at Freo since the start. They were honoured with Life Membership at last year's Doig Medal. Here, they share some of their favourite memories from almost 20 years at the club.

STORY » COSTA KASTANIS

They've collectively flown more than two million kilometres across Australia over the past 20 years, treating Fremantle footballers for ailments ranging from hamstrings to bee stings. Club Doctor Ken Withers and principle physiotherapist Doctor Jeffrey Boyle have been there from the start, watching Freo grow from AFL infants to potential powerhouse.

The pair were honoured with Life Membership on Doig Medal night last season. It's been an unforgettable ride for both men, who have treated all players who have walked through the doors of club headquarters. Withers, who was South Fremantle's club doctor before scoring the AFL gig, has been at Freo since the first ever training session in November, 1994. He vividly remembers the day, when around 65 players turned up

to Fremantle Oval in the hope of making the final squad. "It was incredible how many players there were here that we had to sort through," Withers says. "We knew nothing about any of them but away we went." Boyle joined the club a little later, at the second training session to be exact. He became head physiotherapist in November 1998 when it became apparent that AFL clubs required a full-time physiotherapist. Both Withers and Boyle have had

some close calls with players over the years. Withers recalls the time Tony Delaney stepped on a bee at a WACA training session in the mid 90s. "He was unconscious in about five minutes because he was highly allergic to bee stings," he says. Boyle had a front row seat to Matthew Pavlich's infamous first training session at Aquinas College in 1999, when the now club great passed out on the track. "What many people don't know is just how severe that day was for Matthew," he says. "The routine was to run six one-kilometre runs and my

memory was that Matthew, being his first session after getting off the plane the night before, was only meant to do three. "But after three runs he felt good and he indicated to our strength and conditioning coach at the time that he wanted to push on. "Halfway through his last kilometre run, he collapsed." Boyle was the first person onto the scene, finding an unconscious Pavlich suffering from severe heatstroke. "My next memory of Matthew is being in the back of our head trainer's van, speeding to get to the nearest emergency centre with Matthew in the back regurgitating all the fluid that we'd tried to give him to re-hydrate him," he says.

"He spent several days in hospital and needed multiple litres of fluid pumped into his body to re-hydrate." Neither Withers nor Boyle would select a favourite player they've treated in their time at Fremantle, claiming all have been tremendous. But Boyle is particularly satisfied with his work on Luke McPharlin, who the club traded with Hawthorn for in 2001. "In the early years, Luke's osteitis pubis (OP) was severe and he had played only a handful of games for Hawthorn over three seasons," Boyle says.

But the Freo physio was one of the country's leading figures in OP study. "To watch Luke rehabilitate to a point where he's played 213 games for us is incredible," Boyle says. "A statistic that's just astonishing is that, with all the seasons that he's played, he's never once had to have surgery on his body. He's an extremely resilient athlete for someone who, when we first picked him up, I thought, boy, how is this fellow ever going to play football." For Withers, being the doctor at an AFL club has its similarities with running a family practice, bar one thing. "There's more pressure, you're more visible and what you do is a lot more public," he says. The club doctor rated making the Grand Final as the highlight of his time at the club so far. "It was the culmination of a lot of time and effort over the 19 years," he says. From a personal perspective, he called Life Membership a huge honour. "It is something that is not handed out very often, so I'm really humbled by it," he says. "I've just always had a passion for the game as long I can remember from a child and it's an honour to be involved at the highest level." Boyle says Life Membership is an 'extraordinary accolade', but that

“ I’VE HAD THE PRIVILEGE OF WATCHING THEM FULFIL THEIR DREAMS. DR JEFFREY BOYLE

it wasn't why he was in the job for so long. "My wife reminds me that it's not the end point, it's the journey," he says. "I have some exquisite memories from this football club and I'm very grateful to work here for so long. "The players are very special to me. I've had the privilege of watching boys develop into men. I've watched those boys become husbands and fathers, and I've attended their birthdays and weddings, and, unfortunately, I've been to one of their funerals. "I've had the privilege of watching them fulfil their dreams, and that's very, very special to me." So after around 30,000 rolls of sports tape over almost 20 years, is there any chance Boyle will look to move on? "They'll have to take me out of this place in a box," he says.



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FREMANTLE DOCKERS

AN ILLUSTRATED HISTORY

LES EVERETT
Foreword By MATTHEW PAVLICH



WINNERS:
A trip to the 2015 AFL Grand Final is among the prizes.

WIN \$25K CASH

WIN BIG AGAIN IN 2014

There are some great prizes on offer in the 2014 Community Goals Raffle.

The 2013 Fremantle Dockers Community Goals Raffle was a huge success and the club would like to thank everybody who got behind the fundraising drive and supported the club.

Congratulations to our first prize winner, Bernadette Lacy, a Freo Dockers member since 1996 and a Siren.

Bernadette won \$25,000 cash, after choosing between a brand new DVG Hyundai i45 worth \$30,000, a Chivers Marine Bull Shark 156 Fishing Boat worth \$30,000 or the money.

Now it is your chance to win big in 2014. The Fremantle Dockers

Community Goals Raffle is back with a first prize of \$25,000 cash! Members who have subscribed will receive a raffle book containing five raffle tickets. If you do not receive a book, or would like to purchase additional raffle tickets, please contact the membership services team on (08) 9433 7111.

The Fremantle Dockers greatly appreciate your support of the Community Goals Raffle and wish you the best of luck in the draw. All funds raised from the raffle assist with the funding of Community Goals. Your help in purchasing tickets will directly assist our efforts to promote grassroots football and healthy lifestyles among children across Western Australia.



1ST PRIZE
\$25,000 Cash



2ND PRIZE
Hyundai i20 (\$14,990)



MEMBERS EARLY BIRD PRIZE

Inner Sanctum experience for two people at the round 17 game between Fremantle and GWS at Patersons Stadium on Sunday 13 July



BOOK BUYERS PRIZE

2015 Toyota AFL Grand Final Experience for two including flights and accommodation

AFL GRAND FINAL UPGRADES PROCESS



In 2013, the club exhausted its Grand Final Upgrade allocation for the first time since they were introduced to members in season 2011. All members who purchased a 2013 Grand Final Upgrade were given first opportunity to renew this product for 2014. This has been the process since Grand Final Upgrades were introduced.

As such, we have established a waiting list for Grand Final Upgrades and, consequently, members without Grand Final Upgrades have been offered the chance to be added to the Grand Final Upgrade waitlist.

Any Grand Final Upgrades which are not renewed by members who held them in 2013 will be offered to members on the waitlist. The allocations will occur in February/March and will be allocated based on years of membership. Members who are successful in obtaining a Grand

Final Upgrade will be notified by the club at this time to process payment.

Due to the waitlist, Grand Final Upgrades will be limited to the following membership types for 2015 and beyond and will continue to be offered with membership renewals.

- » Reserved Seat (WA)
- » Country
- » Victorian



GRAND FINAL:
The boys run out onto the 'G'.

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ROOKIES: From left, Jacob Ballard, Michael Wood and Tom Vandeleur are the newest members of Frem's Development Academy.

INSIDE THE

ACADEMY

It speaks volumes of the club's Development Academy that three second-year players took part in the 2013 Toyota AFL Grand Final

STORY » ROSIE DUFFY

Five of the 25 players involved for the Fremantle Dockers in last year's AFL Grand Final, either in the 22 or as emergencies, were first or second-year players – a stat that speaks volumes of the club's Development Academy.

Twenty-one-year-old Cam Sutcliffe played on the half back line, while 20-year-old Lachie Neale came on in the fourth quarter as the sub. Both South Australians were selected in the 2011 National Draft, Neale with pick 58 and Sutcliffe at 71.

Mature age recruit Lee Spurr, who was 24-years-old when he was recruited in the 2011 Rookie Draft, played alongside Sutcliffe in Fremantle's backline on that last Saturday in September.

Victorian youngster Tom Sheridan, who was taken at pick 16 in the 2011 draft, was an emergency in the Grand Final, along with first-year player Jack Hannath.

All of these players were part of the 2013 Development Academy.

The Development Academy's primary purpose is to shape the training, playing and life choices of the club's young group of footballers.

This includes the development of their game tactically, technically, physically and mentally.

Senior development and assistant coach Simon Lloyd manages the academy, which currently has 17 players who are in their first, second or third years at Fremantle.

He is backed up by development coaches, Roger Hayden, Marc Webb and Simon Eastaugh.

Each development coach has five to six players under their duty of care, and they work closely with each player on their development cycle.

"In the academy the development cycle is for players

to perform, review and then be educated," Lloyd said.

"In terms of football development, each player meets with their development coach several times a week to go over training or game vision. The coach then takes them through aspects of their game that may need improving."

This season, under the new alignment with Peel Thunder, a development coach will always be present to watch the Fremantle players taking part at WAFL level.

The academy also dips into the club-wide resources, including a team psychologist, a player welfare manager and a football IT analyst.

"Our job is to make sure the players have strong performance plans and they are focussing on goals that are based on football, conditioning, mental fitness and off-field ambitions" Lloyd said.

"We have to hold the players highly accountable to ensure they do the upmost to reach their goals.

"As a result, we are constantly challenging them as players, and individuals, and our job is to guide them and assist their growth."

Lloyd said Neale and Sutcliffe were prime examples of highly driven individuals who had bought into what the club stands for.

He said the pair had embraced the resources available to them through the development academy, and that showed in their performances in 2013.

"They have shown an ability to know and execute the game plan but also to give consistent great effort," Lloyd said.

"They are coachable in that they are open to constructive feedback and that has allowed them to grow.

"We are service providers to help the player get the best out of themselves, and that's what players



EDUCATION: Hannath (top), Sutcliffe (middle) and Neale (bottom) were all members of the Development Academy who had a role in the 2013 Grand Final.

like Cam and Lachie have done."

Sutcliffe credited the academy for what he had achieved so far in his AFL career.

"It's an asset to have the development coaches there to go to as a resource," he said.

"Roger Hayden is my development coach now that I have

moved into playing in the backline and he's been really helpful in teaching me to play a new role."

Sutcliffe is about to start a bachelor of business at Murdoch University and acknowledged the importance of younger players undertaking some form of study.

"It's been good to find something outside of football, because it's obviously not going to last forever," Sutcliffe said.

The average career of an AFL player is just four years, and Lloyd said the club expected every player on the list to be doing something away from football.

This was not just to ensure their future beyond the game, but because studies have proven benefits to players' careers and ensures they have a good work-life balance.

"We have an apprenticeship program that's facilitated by the AFL but we also have players in university courses, traineeships and work placements," Lloyd said.

"Every individual that walks through the door isn't going to have the longevity of a Matthew Pavlich, so we just need to make sure that individuals that come into the club develop themselves away from the club."

Sutcliffe is entering his final year as a development player. He praised the club's academy for what it had done for him.

"As the first to third-year players in the academy, we are a pretty tight group," he said.

"We have a lot of meetings together and we learn together, it's definitely a good thing to be part of.

"All the players who passed through the doors of Fremantle and through the Development Academy come out better for the experience.

"I know I certainly have."

The romance is back



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2014 SEASON GUIDE



2014 PREMIERSHIP FIXTURE

RD	CLUB	DATE	LOCAL TIME	VENUE	THEMED ROUNDS
1	Collingwood	Friday 14 March	7.50pm	Etihad Stadium	
2	Gold Coast	Saturday 29 March	4.40pm	Patersons Stadium	Starlight Purple Haze
3	Hawthorn	Friday 4 April	7.50pm	MCG	
4	Essendon	Sunday 13 April	2.40pm	Patersons Stadium	
5	Sydney	Saturday 19 April	4.40pm	SCG	
6	North Melbourne	Friday 25 April	6.40pm	Patersons Stadium	Len Hall Tribute Game
7	West Coast	Sunday 4 May	2.40pm	Patersons Stadium	Away Carlton Draught Derby
8	Port Adelaide	Saturday 10 May	1.10pm	Adelaide Oval	
9	Geelong	Saturday 17 May	5.40pm	Patersons Stadium	
BYE					
11	Western Bulldogs	Sunday 1 June	3.20pm	Etihad Stadium	Indigenous Round
12	Adelaide	Sunday 8 June	2.10pm	Patersons Stadium	
13	Richmond	Saturday 14 June	1.45pm	MCG	
14	Brisbane	Saturday 21 June	5.40pm	Patersons Stadium	
15	West Coast	Saturday 28 June	2.40pm	Patersons Stadium	Home Carlton Draught Derby
16	Melbourne	Saturday 5 July	7.10pm	TIO Stadium (Darwin)	
17	GWS Giants	Sunday 13 July	2.40pm	Patersons Stadium	20 Year Recognition
18	St Kilda	Saturday 19 July	4.40pm	Etihad Stadium	
19	Carlton	Thursday 31 July	6.10pm	Patersons Stadium	Wear White Night
20	Geelong	Saturday 9 August	7.40pm	Simonds Stadium	
21	Hawthorn	Sunday 17 August	2.40pm	Patersons Stadium	
22	Brisbane	Sunday 24 August	1.10pm	Gabba	
23	Port Adelaide	TBC	TBC	Patersons Stadium	Member Thank You Round

2014 FIXTURE PREVIEW

STORY » COSTA KASTANIS

The Fremantle Dockers are set to contest a string of blockbusters in the 2014 Toyota AFL Season, providing the club with one of its most challenging and exciting fixtures in its 20-year history.

Off the back of a runner-up finish in 2013, the AFL has decreed Freo an elite side of the competition and has handed it a challenging draw.

Etihad Stadium is sure to be a black and white pressure cooker on Friday 14 March when Freo launch the 2014 season against Collingwood. The Magpies are talent-laden and will be desperate to erase memories of an inglorious first week exit from last year's finals.

Reigning Brownlow Medallist Gary Ablett and the emerging Gold Coast Suns will face the Purple Army in round 2 for the annual Starlight Purple Haze Game.

In round 3, a very familiar foe and venue greet Fremantle - Hawthorn at the MCG. The 2013 Grand Final opponents clash under lights on a Friday night. Anyone who thinks the battle-hardened Hawks are vulnerable because of the departure of Lance Franklin to Sydney should re-evaluate. Alastair Clarkson's side has been the AFL's best over the past three years and will be fired up to consolidate its status.

After a match with Essendon at Patersons Stadium in round 4, Freo face 2012 Premiers Sydney in round 5. Injury-ravaged at the end of 2013, the Swans were outplayed by Freo in the Preliminary Final in Perth. The addition of 'Buddy', coupled with the likely return of a number of superstars will make John Longmire's side a major player for the flag again.

North Melbourne, which finished 11th last season, look set to pose many tough questions to the competition this year. The Kangaroos lost thriller after thriller in 2013. With a little luck, they could have had an impact on the top eight. Freo meets Brad Scott's side under lights in



LEFT: The 2013 Toyota AFL Grand Final. BELOW: Round 22 last season against Port Adelaide.

When Geelong hits town for a Saturday night encounter at Patersons Stadium in Round 9. The match between the two fierce rivals could be club legend Matthew Pavlich's 300th game.

After a round 10 bye, a tough game awaits at the MCG in round 13 when Freo takes on a Richmond side that has high expectations in 2014.

The second Carlton Draught Derby in round 15 is followed by a trip to Darwin to face Melbourne.

A huge drawcard for this match will be the battle in the coaches' box, where Ross Lyon takes on good friend Paul Roos. The Freo boss was an assistant at Sydney when Roos guided the Swans to the 2005 Premiership.

The club recognises its 20th season in round 17 with a match against GWS at Patersons Stadium. Round 19 sees Freo play Carlton on a Thursday night at home, while rounds 20 and 21 will provide huge tests, with a trip to face the Cats at Simonds Stadium backed up by a return clash with the Hawks at Patersons Stadium.

Freo rounds out the home and away season against Port Adelaide in a round 23 game at Patersons Stadium. The date and time of that match will be released by the AFL closer to the fixture.

Patersons Stadium should be nudging sell-out status often this season, while the purple presence around Australia will also be felt again, just as it was in Melbourne during Grand Final week last year. The club's membership slogan for 2014 is 'Own the Moment'.

Many moments will arise throughout the year, and it's quite possible a solitary one could be the difference between success and failure. Supporters will again place their faith in the actions of Lyon and his players to meet every challenge and 'own' every moment in 2014.

IN ROUND 3, A VERY FAMILIAR FOE AND VENUE GREET FREMANTLE - HAWTHORN AT THE MCG



round 6 at Patersons Stadium on Anzac Day in what is sure to be a fierce battle for the annual Len Hall Tribute Game.

The Carlton Draught Derby in round 7 against West Coast will also be a tough encounter. What Derby isn't? The Eagles, under new senior coach, Adam Simpson, should be improved from their 13th placed finish last year if they can get some of their injured stars back and firing this season.

A historical first visit to Adelaide Oval to face Port Adelaide at its new home ground in round 8 precedes what could be a watershed game in club history.



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BIG MILESTONES LOOMING

TRIPLE CENTURY:
Pavlich could play game 300
against Geelong in round 9.

**300
GAMES
9 TO GO**

Fremantle's 20th season in the AFL looks set to offer a number of major milestone celebrations for some of the club's greatest ever names.

Should Matthew Pavlich get through the first eight games without injury or suspension, Patersons Stadium will play host to the legendary skipper's 300th game in round 9.

And it couldn't be a better stage for Pavlich to reach the mark, with Freo facing recent rivals Geelong on a Saturday night.

The six-time Doig Medallist would be the first player from WA's two AFL clubs to reach the triple century of games, a tribute to his phenomenal resilience since debuting in 2000.

Aaron Sandilands only needs seven appearances to chalk up 200 games. The ruck champion could play his milestone game against the West Coast Eagles in the round 7 Carlton Draught Derby.

Midfield superstar David Mundy isn't far behind Sandilands. He needs 14 appearances for his 200th

and could also potentially notch his double century against the Eagles, in the second Derby of 2014.

Mundy's good friend Paul Duffield is close to becoming eligible for life membership at Fremantle. 'Duff' currently sits on 133 games, meaning he could play his 150th match against St Kilda in round 18.

Hayden Ballantyne needs 14 games to bring up triple figures, and could potentially share a Carlton Draught Derby milestone game with Mundy in round 15.

There's no doubt 'Ballas' would cherish the opportunity to play his 100th against the Eagles. New addition to the leadership group, Lee Spurr, could join the milestone train in round 15 as he is 14 appearances away from his 50th.

Nick Suban needs 16 appearances to reach the 100 games milestone. If he plays every game up to that point of the season, his 100th will be shared with the club's 20 year recognition match against GWS at Patersons Stadium in round 17.

Daryle Pearce needs 21 appearances to reach his 200th AFL game after he

“ THE SIX-TIME DOIG MEDALLIST WOULD BE THE FIRST PLAYER FROM WA'S TWO AFL CLUBS TO REACH THE TRIPLE CENTURY OF GAMES

played in 154 games for Port Adelaide before joining Freo last year.

A host of players are close to playing their 50th games, including Michael Walters, who needs eight appearances. Alex Silvagni is 11 games away, while new recruit Scott Gumbleton needs 15 after 35 games for Essendon. 

**200
GAMES
7 TO GO**

BIG MILESTONE:
Sandi is seven games away from 200.



HARD WORK:
The group has enjoyed a strong pre-season.



THE SEASON AHEAD



WITH ROSS LYON

The Freo senior coach speaks to Docker about the upcoming 2014 season.

What have the main messages been on the track in the pre-season?
The main message is there's not a lot of time to prepare, so don't waste a moment. We have to get a really good fitness base and the simple message is one of continual improvement, we need to improve.

There have been some intense contests between players during the pre-season. Have you noticed a rise in intensity among the group?
They are always a competitive bunch, so not particularly. Because the season starts a bit earlier, we've had to bring competitive training

forward a little, so that would be the main result of that.
You averaged the most interchange rotations in 2013 with 146, and it's now capped at 120. In what ways do you foresee this new rule affecting your game plan?

I haven't thought about it too much. There's a lot of breakdown to it. I don't think it will change how we play at all.

So have you prepared the players differently over the pre-season with the rotation rule in mind?
They've been conditioned slightly differently, with a bit more focus on endurance as opposed to speed and power.

How have Scott Gumbleton and Colin Sylvia slotted in?
Scott Gumbleton has only missed one session and has worked really hard. Colin Sylvia has had a minor back and soft tissue injury, but he ranks about 15 out of 45 for kilometres done and work put into them. They've both got mature

bodies, a good attitude and, at this point in time, they've done all they can do.

You floated the idea of Michael Walters playing in the midfield last year. Is that move a possibility this season?
We're working on it. We want to be a more flexible team. We're also working on playing Nat Fyfe a bit more forward and David Mundy a bit more back and forward. Michael Walters has been training through the midfield with Hayden Ballantyne as well.
How have the draftees adapted to life as AFL players?
It's only really early. They seem to have a good work ethic and attitude and good character. But it's such a short time frame, they haven't really been tested yet.

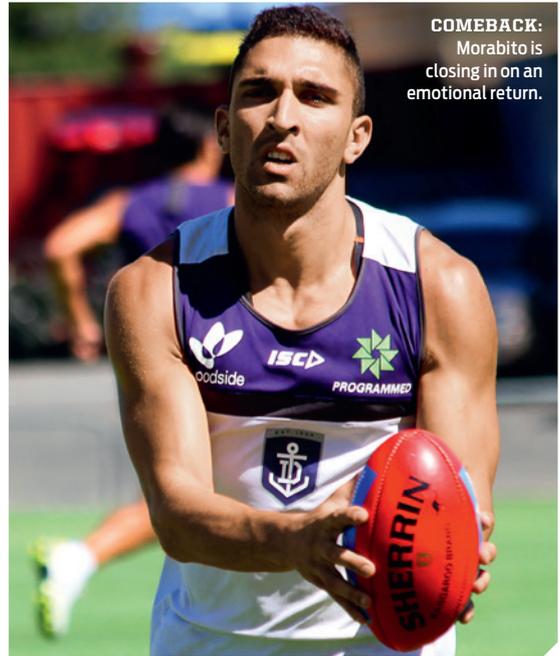
You've had continuity in the coaching team again. How will that help you and the team this season?
Our line coaches are all here, so the positive is you don't have to train anybody up to your philosophies and methodologies and build new relationships. There are bumps along the way, but generally we work really well together and we have really good respect for each other. They are a hard working team and they pride themselves on working hard and supporting our players. We've had new additions in Simon Lloyd's development group, with Marc Webb and Simon Eastaugh coming in, so they'll be good additions. Most football clubs like stability,

“ WE'RE ALSO WORKING ON PLAYING NAT FYFE A BIT MORE FORWARD AND DAVID MUNDY A BIT MORE BACK AND FORWARD. ”

ROSS LYON



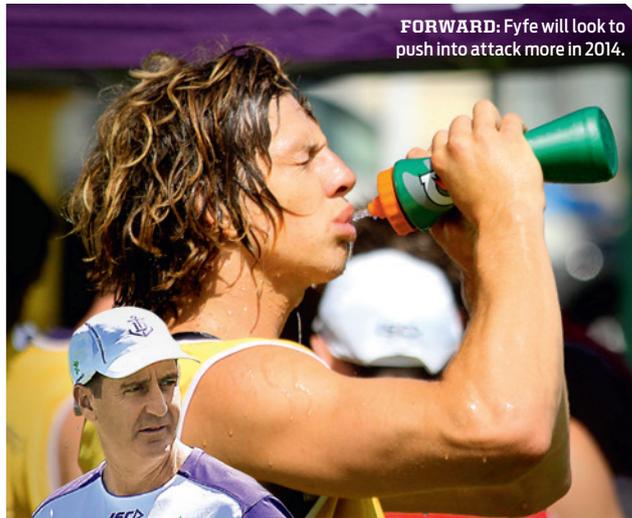
GUMBLETON: The Essendon recruit has barely missed a beat this pre-season.



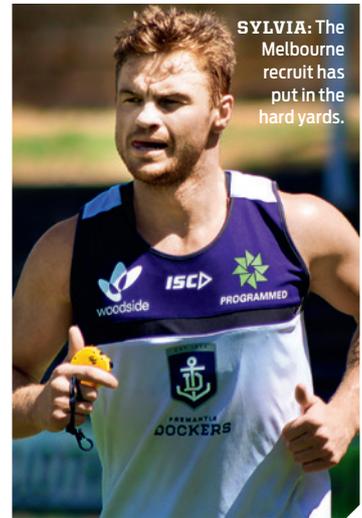
COMEBACK: Morabito is closing in on an emotional return.



MAYNEY: The forward works on his leap.



FORWARD: Fyfe will look to push into attack more in 2014.

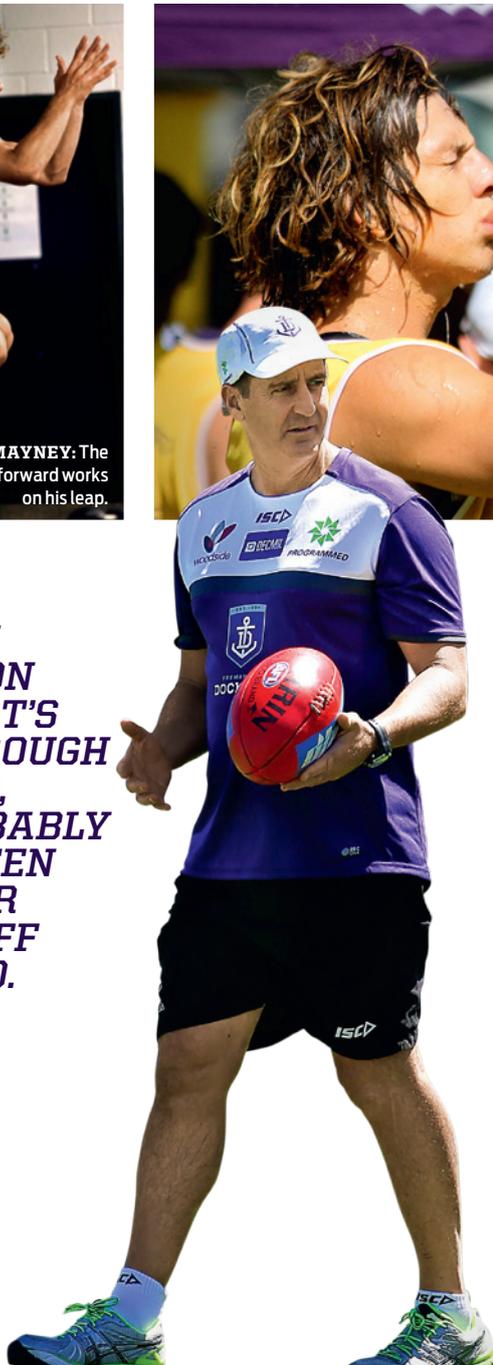


SYLVIA: The Melbourne recruit has put in the hard yards.

“**WE’RE AN EXPANSION CLUB THAT’S SEEN THROUGH 20 YEARS, AND PROBABLY NEVER BEEN STRONGER ON AND OFF THE FIELD.**

ROSS LYON

THE COACH: Lyon says the pre-season message is about improvement.



but it's nice to have some change and some new ideas also.

What benefits do you think the Peel partnership will show in the short term?

We see it as a long-term relationship as opposed to short term. It gives us an opportunity to free up resources so we don't have to spread the development team as far and wide. It gives the opportunity for the players to play more like the senior team would. (Peel senior coach) Cam Shepherd has really bought into what we want to do. It won't be exactly the same, but you'll see a strong methodology between the two clubs. I think it's a great relationship. We need them and Peel need us. They've been an underperforming club for 16 years, so we give them valuable resources, and they give us a strong alignment and a great area to work with.

How will you measure success in 2014?

We just like to continually improve. We know if we've worked our hardest and we've done everything we can do, then we'll have no regrets. That's how we measure ourselves.

What do you think the 20th season should mean to the supporters?

We're an expansion club that's seen through 20 years, and probably never been stronger on and off the field. I think our supporters, and specifically our members and corporate partners, should take great pride in the club they are building. They've been significant contributors to that and they are the reason we exist. They built the place. We are just servants of our members and corporate partners. Hopefully they have enjoyed what's happened on the field in the past and are looking forward with real expectation and excitement about 2014. 



2014 PLAYER PROFILES

A preview of every player on the Fremantle list, including an outlook for 2014, AFL Fantasy advice and a line from their coaches.

FULL TEAM
PREVIEW
INCLUDING
ROOKIES

1



HAYDEN BALLANTYNE

DOB: 16/07/1987 **HEIGHT:** 174cm
WEIGHT: 78kg **CAREER GAMES:** 86
CAREER GOALS: 131
DEBUT: Rd 13, 2009 v Collingwood

OUTLOOK: Played closer to goal in 2013 after having pushed further up the field in previous years. He ranked second at Freo for tackles inside 50 but will want to improve his accuracy in front of goal this season.

WHAT THE COACHES SAY (PETER SUMICH): Probably in the Pavlich mould, one of his better pre-seasons. Really flying, looks up and about mentally and physically.

AFL FANTASY: Offers scores of around 65-75 points per game, which is not anywhere near elite, but they are consistent, if that's what you're after.

2



ANTHONY MORABITO

DOB: 29/10/1991 **HEIGHT:** 189cm
WEIGHT: 98kg **CAREER GAMES:** 23
CAREER GOALS: 13
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK: Has had three knee surgeries, including a LARS operation last year. Morabito has been looking very fit in the pre-season and could make an emotional return to action.

WHAT THE COACHES SAY (MARC WEBB): He's had a good pre-season and is running just about his personal best in the 3km time trial. We're happy with his progression and the signs are positive at the moment.

AFL FANTASY: If he can earn a crack in the senior side he will be a very cheap option for a player of his undoubted potential.

3



ZAC DAWSON

DOB: 22/02/86 **HEIGHT:** 197cm
WEIGHT: 92kg **CAREER GAMES:** 119
CAREER GOALS: 6
DEBUT: Rd 21, 2005 Hawthorn v Richmond

OUTLOOK: A key member of the league's best backline in 2013, Dawson will continue to play his role for the team this season. That means he's unlikely to appear on any highlight reels.

WHAT THE COACHES SAY (MICHAEL PRIOR): Zac's had a really good pre-season. He has done more than last year and we are really excited about where he's heading. We expect Zac to work in with Luke McPharlin and play in with the tall forwards.

AFL FANTASY: He will get plenty of spoils and the odd handball – which means avoid him at all costs in AFL Fantasy.

4



COLIN SYLVIA

DOB: 8.11.1985 HEIGHT: 85cm
WEIGHT: 89kg CAREER GAMES: 157
CAREER GOALS: 129
DEBUT: Rd 9, 2004 Melbourne v Nth Melbourne

OUTLOOK: The attacking midfielder ranked number one at Melbourne for inside 50s in 2013 and had a career best 3.9 contested possessions per game. Will look to clean up his disposal entering the attacking 50 at Freo.

WHAT THE COACHES SAY (BRETT KIRK): Colin is eager to improve and grow. He is committed to learning how we play and what standards are required. We are all keen to see him put that in action in 2014.

AFL FANTASY: Has always been hit and miss in AFL Fantasy, but his best can be very good. Could find the consistency fantasy coaches have been looking for under Lyon.

5



GARRICK IBBOTSON

DOB: 15/03/88 HEIGHT: 186cm
WEIGHT: 86kg CAREER GAMES: 115
CAREER GOALS: 21
DEBUT: Rd 11, 2007 v Richmond

OUTLOOK: An Achilles injury prevented Ibbotson from playing after round 18 last year. Up to that point, he had enjoyed a career-best season on the half-back flank. Working his way back to full fitness and will be integral to the backline again.

WHAT THE COACHES SAY (MICHAEL PRIOR): Garrick missed the last eight weeks of the season last year with an Achilles injury. He is still coming back into football, it's been a long summer for him. He should be up and going just after round one.

AFL FANTASY: Emerged as one of the best defenders in AFL Fantasy last year. Won't be as cheap this year but he is still a very good option.

6



DANYLE PEARCE

DOB: 7/04/86 HEIGHT: 178cm
WEIGHT: 76kg CAREER GAMES: 179
CAREER GOALS: 86
DEBUT: Rd 18, 2005 Port Adelaide v Nth Melbourne

OUTLOOK: Came to the club considered an outside midfielder but improved his ball-winning skills to rank fifth at Freo for contested possessions. He also gained the most metres. Will look to improve his kicking inside the attacking 50 in 2014.

WHAT THE COACHES SAY (MARK STONE): Has really benefitted from last year coming into a new team with new systems. He's really improved his fitness and he's a lot stronger. He's a little bit lighter than last year but he's lost none of his pace.

AFL FANTASY: Scores well without being outstanding. A safe option, but don't expect 100s.

10



MICHAEL WALTERS

DOB: 7/01/91 HEIGHT: 177cm
WEIGHT: 76kg CAREER GAMES: 42
CAREER GOALS: 82
DEBUT: Rd 6, 2009 v Port Adelaide

OUTLOOK: A terrific 2013 and a strong 2014 pre-season has Walters primed to stand among the elite small forwards in the game. Exquisite foot skills and an innate ability to find the goals highlight his abilities.

WHAT THE COACHES SAY (PETER SUMICH): Another one who's had a great pre-season. He is fit, ready to go and seems to be switched on.

AFL FANTASY: He could be an excellent pick, particularly if Lyon decides to throw him in the midfield on occasions in 2014.

11



TOM SHERIDAN

DOB: 28/10/93 HEIGHT: 187cm
WEIGHT: 81kg CAREER GAMES: 11
CAREER GOALS: 6
DEBUT: Rd 23, 2012 v Melbourne

OUTLOOK: Started to show signs of improvement in the latter part of 2013 and was an emergency in the Grand Final. Will look for more opportunities in his third season of AFL.

WHAT THE COACHES SAY (MARC WEBB): Has put on three kilos over the early pre-season. He's playing and training well from the half-back and wing. He played a few games last year and, from a game plan and strength point of view, he really wanted to work hard so he can break into the team.

AFL FANTASY: He was the sub in five of his 10 appearances last year, which makes him a risky pick.



7



NATHAN FYFE

DOB: 18/09/91 HEIGHT: 190cm
WEIGHT: 88kg CAREER GAMES: 72
CAREER GOALS: 54
DEBUT: Rd 5, 2010 v Richmond

OUTLOOK: The reigning best and fairest is still just 22 years old and has plenty of scope to grow further. A contested ball star in the midfield, Fyfe will look to hurt opposition sides in 2014 by drifting forward, as he did in the second half of 2013.

WHAT THE COACHES SAY (MARK STONE): Nat is working really hard on a slightly different weights program to build his core strength and he's really benefitting from it. The power he can have in match simulation and through the line of the ball has really improved.

AFL FANTASY: One of Freo's AFL Fantasy stars. Wins the ball, takes marks and kicks goals. Sold.

8



NICK SUBAN

DOB: 9/05/90 HEIGHT: 180cm
WEIGHT: 82kg CAREER GAMES: 84
CAREER GOALS: 34
DEBUT: Rd 1, 2009 v Western Bulldogs

OUTLOOK: Made a strong impact in the midfield in 2013, ranking sixth at Freo for clearances. His kicking was elite, but he'll hope to win more of the ball in 2014 to maximise the use of his excellent disposal skills.

WHAT THE COACHES SAY (BRETT KIRK): Nick is looking to build on his most consistent season of AFL in 2013. He elevated his game due to his effort on the training track and again this pre-season he is setting the example with his work rate.

AFL FANTASY: Unless he can win more of the footy in 2014 it's hard to recommend Suban for AFL Fantasy.

9



MATT DE BOER

DOB: 10/03/90 HEIGHT: 186cm
WEIGHT: 85kg CAREER GAMES: 101
CAREER GOALS: 39
DEBUT: Rd 6, 2009 v West Coast

OUTLOOK: A brilliant defensive player, de Boer was hugely beneficial to the side in 2013, ranking number one in the AFL for forward-half tackles. His game is invaluable to Lyon's team defence structures.

WHAT THE COACHES SAY (PETER SUMICH): He's had a great pre-season. Fit and healthy, lost two or three kilos, so he's becoming more of a running player, but his physicality hasn't suffered. So going really well.

AFL FANTASY: Defensive skills don't equate to AFL Fantasy riches, so avoid.

12



JONATHON GRIFFIN

DOB: 14/01/86 HEIGHT: 201cm
WEIGHT: 102kg CAREER GAMES: 68
CAREER GOALS: 18
DEBUT: Rd 1, 2007 Adelaide v Essendon

OUTLOOK: On the comeback trail from a knee reconstruction, Griffin is expected to be available after the start of the season. It won't be easy getting back into the team as a ruckman given Sandilands and Clarke worked well last season, but he is very talented.

WHAT THE COACHES SAY (SIMON EASTAUGH): He's shown progression in his rehabilitation from his knee reconstruction, with big gains in the gym with his strength and his overall bulk.

AFL FANTASY: He is a high risk pick up but the reward could be great given his discounted price, if he can break back into the team.

13



TENDAI MZUNGU

DOB: 28/02/86 HEIGHT: 182cm
WEIGHT: 82kg CAREER GAMES: 63
CAREER GOALS: 40
DEBUT: Rd 9, 2011 v Port Adelaide

OUTLOOK: Expect a defensive midfield role, often tagging the opposition's dangerous outside players. Mzungu has played every game in the past two seasons.

WHAT THE COACHES SAY (MARK STONE): He had another really consistent pre-season with his running, which is his strength. He's put on a little bit of weight on his body through the weights room, which is good for him. Will look to expand his versatility this year to be a bit more inside as well as outside, a bit more contested ball.

AFL FANTASY: His role is not akin to high scoring in AFL Fantasy, but he does pop up with the odd big game.

14



JOSH SIMPSON

DOB: 9/02/94 HEIGHT: 184cm
WEIGHT: 78kg CAREER GAMES: 1
CAREER GOALS: 1
DEBUT: Rd 23, 2013 v St Kilda

OUTLOOK: Debuted in a game Ross Lyon rested most senior players last season, but it will take a lot more development for the talented midfielder to break back into the team in 2014.

WHAT THE COACHES SAY (ROGER HAYDEN): Josh is going well. He had a few issues with injury but got back at the start of pre-season and worked his way into it and started getting some good miles in his legs. He's just starting to get into some footy now, so looking forward to the year ahead.

AFL FANTASY: Given the depth of Freo's squad, it's not advisable to pick Simpson at this stage of the season.

15



RYAN CROWLEY

DOB: 5/03/84 HEIGHT: 188cm
WEIGHT: 87kg CAREER GAMES: 164
CAREER GOALS: 107
DEBUT: Rd 10, 2005 v Geelong

OUTLOOK: The AFL's best tagger will be given all the tough jobs again in 2014. He, along with Mzungu, has played every game in the past two seasons.

WHAT THE COACHES SAY (BRETT KIRK): To beat the best it all starts with your preparation and attention to detail. Ryan is meticulous in the way he prepares, he leaves nothing to chance. He again will put his hand up to play on the premier midfielders.

AFL FANTASY: Crowley stops others from scoring, so be mindful when your star midfielders have a date with 'The Glove'.

16



DAVID MUNDY

DOB: 20/07/85 HEIGHT: 192cm
WEIGHT: 91kg CAREER GAMES: 186
CAREER GOALS: 71
DEBUT: Rd 6, 2005 v Melbourne

OUTLOOK: A star in the midfield, Fremantle is a better team when this guy is up and running. Brilliant in the clearances, as his effort in the Grand Final showed.

WHAT THE COACHES SAY (MARK STONE): Had a really consistent pre-season where he hasn't missed many sessions. He's stacked a lot of good solid training sessions together to give him a great base fitness.

AFL FANTASY: A very good unique pick in the midfield. Doesn't have the status some other elites have, but he's just as capable of consistently high scores in AFL Fantasy world.

17



HAYDEN CROZIER

DOB: 24/12/93 HEIGHT: 185cm
WEIGHT: 78kg CAREER GAMES: 12
CAREER GOALS: 10
DEBUT: Rd 10, 2012 v Adelaide

OUTLOOK: Is in the group of players at the club entering their third or fourth years who will be keen to make an impact in 2014. Has shown a good ability to win the ball and kick goals in his brief appearances to date.

WHAT THE COACHES SAY (SIMON LLOYD): Hayden has demonstrated a strong commitment to the program, which is reflected in his preparation and professionalism. He is developing his game as a hard running forward and working diligently to ensure his defensive pressure is a strong feature of his game

AFL FANTASY: He's capable, but it's going to be mighty hard to break into the best 22.

20



MATT TABERNER

DOB: 17/06/1993 HEIGHT: 197cm
WEIGHT: 94kg CAREER GAMES: 4
CAREER GOALS: 2
DEBUT: Rd 13, 2013 v Nth Melbourne

OUTLOOK: One of a number of young tall at the club. Taberner will have benefitted greatly from his exposure to AFL in 2013 and will look to continue improving this season. A very good runner and a smart footballer.

WHAT THE COACHES SAY (SIMON LLOYD): Is a hard running forward and has made considerable weight gains over the last five months. We are continuing to work on his leading patterns and he is continually producing strong effort on the track.

AFL FANTASY: Taberner is an interesting choice. If he can earn a game in the seniors, he could be worth a punt as a cheap forward option.

21



MICHAEL BARLOW

DOB: 18/12/87 HEIGHT: 189cm
WEIGHT: 90kg CAREER GAMES: 70
CAREER GOALS: 41
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK: There's no doubt whatsoever Barlow is back to his ball-winning best after a terrific 2013. He'll again get plenty of possession in the midfield this season as opposition taggers go to Mundy or Fyfe.

WHAT THE COACHES SAY (MARK STONE): A bit like Mundy, hasn't missed any sessions. He's running really strongly and his off-field recovery protocols are really professional these days. Mick's very fit and you know he'll be consistently performing well for us.

AFL FANTASY: Unquestionably a Fantasy star of the AFL and will likely be the most selected Fremantle Docker in 2014.

22



TANNER SMITH

DOB: 8/03/94 HEIGHT: 196cm
WEIGHT: 91kg CAREER GAMES: 1
CAREER GOALS: 0
DEBUT: Rd 4, 2013 v Hawthorn

OUTLOOK: Made his debut and looked solid against Hawthorn's powerhouse forwards in 2013. A shoulder injury ended his season early, but Smith has been training well and has full confidence in his shoulder again.

WHAT THE COACHES SAY (ROGER HAYDEN): Bulkied up over the off-season and he's just getting his head around the game plan. He ran really well over the pre-season and we're looking forward to a good year from him.

AFL FANTASY: Stay away as he is a tall defender and will have to fight to get a crack in the senior side.

18



LUKE McPHARLIN

DOB: 1/12/81 HEIGHT: 192cm
WEIGHT: 90kg CAREER GAMES: 225
CAREER GOALS: 114
DEBUT: Rd 5, 2000 Hawthorn v Port Adelaide

OUTLOOK: An absolute great of the club, McPharlin is one of the AFL's elite defenders. He is looking extremely good on the track in the pre-season, so don't expect his age to be a hinderance.

WHAT THE COACHES SAY (MICHAEL PRIOR): Luke had a calf injury toward the end of last year but managed to play the last few games. He has got over those problems and had a solid build towards Christmas and has been very good. He will work with Zac Dawson and really nullify the opposition's key forwards.

AFL FANTASY: He gets a lot of easy ball in the back half since Ross Lyon took over, which makes him a very interesting pick in your defence.

19



SCOTT GUMBLETON

DOB: 3/08/88 HEIGHT: 197cm
WEIGHT: 98kg CAREER GAMES: 35
CAREER GOALS: 45
DEBUT: Rd 17, 2007 Essendon v Adelaide

OUTLOOK: He joins Freo from Essendon, where he struggled to make a consistent impact in the past two seasons. Gumbleton is clearly talented and, from all reports, has been burning up the track in the pre-season.

WHAT THE COACHES SAY (PETER SUMICH): Scott had an excellent first scratch match, kicking four goals and you know he will be a bonus for us up forward whatever he does, and hopefully, he plays a number of games.

AFL FANTASY: Will come very cheap, which means the reward is going to be high if you pick him and he plays well.

23



CHRIS MAYNE

DOB: 2/11/88 HEIGHT: 188cm
WEIGHT: 87kg CAREER GAMES: 105
CAREER GOALS: 137
DEBUT: Rd 2, 2008 v Hawthorn

OUTLOOK: Brilliant in the forward line in 2013, doing it all. Mayne kicked goals, took marks and tackled ferociously. Expect the same again in 2014.

WHAT THE COACHES SAY (PETER SUMICH): Was really, really good pre-Christmas and then had a slight injury hiccup but he's back in training now and looking really good. So looking for big things again this year.

AFL FANTASY: Mayne was a very consistent performer last year and, if freed by the presence of another tall forward in attack, he could have an even better season in 2014.

24



MAX DUFFY

DOB: 11/04/93 HEIGHT: 184cm
WEIGHT: 83kg CAREER GAMES: 0
CAREER GOALS: 0 DEBUT: Yet to debut

OUTLOOK: Four hamstring injuries ruined last year for the skilful forward. He will be keen to show what he can do in 2014.

WHAT THE COACHES SAY (SIMON LLOYD): Going into his second pre-season it has been a positive for Max to be able to complete the bulk of training which will hold him in good stead for the season. He has been proactive in developing certain aspects of his game and continually learning the expectations of his role.

AFL FANTASY: Wait to see if Duffy can earn a debut before selecting him in your side.





25

**ALEX PEARCE**

DOB: 9/06/1995 HEIGHT: 198cm
WEIGHT: 86kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Tall forward from Tasmania selected with the 37th pick in last year's draft. No key position player has ever tested better for endurance at the draft combine where he ran a 15.5 beep and a 10.06 3km time trial.

WHAT THE COACHES SAY (ROGER HAYDEN): He's put on almost four kilos in three months. Really diligent young player in his preparation and in the way he trains. Is a key position forward and back and is training the house down at the moment.

AFL FANTASY: Clearly has the tank to play AFL football but may need to develop his strength in the WAFL first.

26

**KEPLER BRADLEY**

DOB: 13/11/85 HEIGHT: 198cm
WEIGHT: 100kg CAREER GAMES: 117
CAREER GOALS: 87
DEBUT: Rd 1, 2004 Essendon v Port Adelaide

OUTLOOK: Has been working hard to recover from a knee reconstruction. The positive is that it happened early in the 2013 season, meaning he could be available for selection in the early rounds of 2014.

WHAT THE COACHES SAY (PETER SUMICH): Back into full training with his knee, so he's up and running. He should be fine and hopefully some pre-season game time will hold him in good stead.

AFL FANTASY: He will be cheap for an experienced player, but hold off until he has earned the right for another crack in Freo's forward line.

27

**LACHIE NEALE**

DOB: 24/05/93 HEIGHT: 176cm
WEIGHT: 79kg CAREER GAMES: 23
CAREER GOALS: 12
DEBUT: Rd 4, 2012 v St Kilda

OUTLOOK: Emerged late in 2013 as a quality ball-winning midfielder. Expect Neale to go on with it this year and lock down a spot in a very deep and talented midfield unit.

WHAT THE COACHES SAY (BRETT KIRK): Elevated his game in the last eight games of 2013. He has taken that momentum and commitment into his training work ethic and we should see the results in his game this season.

AFL FANTASY: Could be one of the best unique picks in AFL Fantasy. He's a proven ball-winner and he can only improve.

30

**ZAC CLARKE**

DOB: 28/03/90 HEIGHT: 203cm
WEIGHT: 94kg CAREER GAMES: 53
CAREER GOALS: 27
DEBUT: Rd 13, 2009 v Collingwood

OUTLOOK: An injury in the pre-season means Clarke won't return until early in the season. That was a setback, but he showed last year he can resume from a layoff and be influential straight away.

WHAT THE COACHES SAY (SIMONE EASTAUGH): Suffered an injury to his knee over the Christmas break period, and while he's still progressing along with his rehab program, he's making gains with his upper body strength in the gym.

AFL FANTASY: Freo has ample ruck options, so wait until Clarke has earned his spot back before pulling the trigger.

31

**AARON SANDILANDS**

DOB: 6/12/82 HEIGHT: 211cm
WEIGHT: 120kg CAREER GAMES: 193
CAREER GOALS: 75
DEBUT: Rd 1, 2003 v Adelaide

OUTLOOK: The ruck champion hasn't managed to play a full season in recent seasons, but each time he has returned he has been tremendous in the latter part of the year. Was fit and firing for the entire pre-season.

WHAT THE COACHES SAY (SIMONE EASTAUGH): He's ticked all the boxes this pre-season. He's been working a lot on his marking and ruck technique. He's shown the way with the younger rucks in the group in terms of position and the tactical aspects of playing in the ruck and should be confident to have good year.

AFL FANTASY: If coaches take the punt on 'Sandi' playing the whole way through, they will be rewarded handsomely as he is a strong scorer.

34

**LEE SPURR**

DOB: 27/07/87 HEIGHT: 182cm
WEIGHT: 81kg CAREER GAMES: 36
CAREER GOALS: 2
DEBUT: Rd 6, 2012 v Gold Coast

OUTLOOK: Elevation to the club's leadership group speaks volumes of the impact Spurr has had in two seasons. Will again be a major part of the backline as a small defender who plays on the dangerous small forwards.

WHAT THE COACHES SAY (MICHAEL PRIOR): Is tracking really well. He has had a fantastic summer and has been recognised over the pre-season by being added to the leadership group. We expect another great season from Lee playing on the small dangerous opposition forwards in the competition.

AFL FANTASY: Spurr won't set the world on fire stats-wise, although his effort in the qualifying final last year was tremendous with 29 disposals, 10 marks and a goal.

28

**BRADY GREY**

DOB: 20/07/95 HEIGHT: 180cm
WEIGHT: 85kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Tasmanian recruit who played for partner club Burnie Dockers. Has a strong body and has impressed in the pre-season but is likely to develop in the WAFL with Peel Thunder.

WHAT THE COACHES SAY (ROGER HAYDEN): Tassie boy who's another strong, quick, mid-forward. His speed's been a standout from the young guys. He's consistently shown his pace, but he's still to adjust to the AFL load and has had a few niggles as well.

AFL FANTASY: Needs to break into the strong Freo midfield before being considered.

29

**MATTHEW PAVLICH**

DOB: 31/12/81 HEIGHT: 192cm
WEIGHT: 99kg CAREER GAMES: 291
CAREER GOALS: 583
DEBUT: Rd 5, 2000 v Melbourne

OUTLOOK: The captain is enjoying an injury-free run in the pre-season, which he hasn't had for years. Should hit 2014 in top shape.

WHAT THE COACHES SAY (PETER SUMICH): Going really well, probably one of the best pre-seasons, if not, one of the best since I've been here. Looking in good shape and hopefully he can bounce into round 1 raring to go.

AFL FANTASY: Given his strong pre-season, Pavlich could be an excellent choice in your forward line.



32

**STEPHEN HILL**

DOB: 1/05/90 HEIGHT: 182cm
WEIGHT: 82kg CAREER GAMES: 108
CAREER GOALS: 65
DEBUT: Rd 1, 2009 v Western Bulldogs

OUTLOOK: Has been the constant target of a tag from the opposition in recent years because of his explosiveness and exquisite skills. When he breaks the tag, he is a matchwinner.

WHAT THE COACHES SAY (BRETT KIRK): We all see the speed and skill of Stephen Hill. What you don't see is his elite training standards and strong team spirit. Stephen's pre-season has set him up for a strong year.

AFL FANTASY: Because of the tag hanging over his head, Hill is not a wise choice. He only needs a few AFL Fantasy points to damage the opposition in real, but that doesn't help your side.

33

**CAM SUTCLIFFE**

DOB: 23/05/92 HEIGHT: 186cm
WEIGHT: 85kg CAREER GAMES: 23
CAREER GOALS: 9
DEBUT: Rd 15, 2012 v Western Bulldogs

OUTLOOK: The young South Australian has been enjoying a super pre-season and will look to continue growing as a player. Generally considered a midfielder, he was very solid in defence at the end of 2013, all the way up to the Grand Final.

WHAT THE COACHES SAY (ROGER HAYDEN): Trained the house down over the pre-season and is running really well. He is very diligent with his preparation, doing everything right in preparation of a solid season ahead.

AFL FANTASY: He has a huge tank and knows how to find the ball, both prerequisites for a good AFL Fantasy player.





35

**MICHAEL APENESS**

DOB: 28/01/95 HEIGHT: 201cm
WEIGHT: 101kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: A key forward/ruckman who had a breakout year with the Eastern Ranges in 2013 after two years away playing rugby union. A very strong contested mark who will develop in the WAFL initially.

WHAT THE COACHES SAY (SIMON LLOYD): Like all of the first year players, Michael is being schooled in our game plan and working with the conditioning staff to develop his strength. He has been proactive and has shown a real willingness to learn and work hard.

AFL FANTASY: Apeness could play his way into a debut if he continues improving on the form he showed at TAC Cup level. Watch him closely.

36

**ALEX SILVAGNI**

DOB: 29/09/87 HEIGHT: 192cm
WEIGHT: 91kg CAREER GAMES: 39
CAREER GOALS: 10
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK: Silvagni has struggled to break into a backline that has been rock-solid for two years now. It's an indication of the strength of Fremantle's squad that a quality defender like Silvagni can't break into the 22.

WHAT THE COACHES SAY (MICHAEL PRIOR): Alex is coming back from an ankle injury that he had operated on in the off season. He is still in the rehab phase but has made some really good progress to increase his running volume.

AFL FANTASY: Silvagni is a solid player in real life but stay away in AFL Fantasy.

38

**JACK HANNATH**

DOB: 9/07/91 HEIGHT: 201cm
WEIGHT: 99kg CAREER GAMES: 12
CAREER GOALS: 7
DEBUT: Rd 5, 2013 v Richmond

OUTLOOK: The ruckman enjoyed the opportunity to play 12 matches in 2013. He will grow from that experience and hope to earn more senior action in 2014.

WHAT THE COACHES SAY (SIMON EASTAUGH): Has been following in Aaron Sandilands footsteps and has barely missed a session. He's making progress with his understanding of playing in the ruck and developing his ruck skills and marking skills and gives himself every chance to have a great season.

AFL FANTASY: The price gain and the strength of Fremantle's ruck division makes Hannath a risky choice.

40

**CRAIG MOLLER**

DOB: 22/08/94 HEIGHT: 204cm
WEIGHT: 91kg CAREER GAMES: 1
CAREER GOALS: 0
DEBUT: Rd 23, 2013 v St Kilda

OUTLOOK: The NSW youngster has plenty of potential but it's likely he'll continue to develop at WAFL level for Peel Thunder.

WHAT THE COACHES SAY (SIMON EASTAUGH): We're progressively building him up in terms of his bulk and body strength and he's showing really good co-ordinated signs of his ruck and marking skills at training, whilst still developing his ability to compete at training and develop his aerobic capacity.

AFL FANTASY: The youngest member of a deep and talented ruck brigade is unlikely to see enough AFL action to make him a worthwhile pick at this stage.

41

**PAUL DUFFIELD**

DOB: 05/02/85 HEIGHT: 188cm
WEIGHT: 87kg CAREER GAMES: 133
CAREER GOALS: 27
DEBUT: Rd 5, 2006 v St Kilda

OUTLOOK: A member of the league-best backline in 2013, Duffield is now one of the more experienced players in the side. He generally takes the kick-ins, and is a big contributor in metres gained and kicks out of the defensive 50.

WHAT THE COACHES SAY (MICHAEL PRIOR): Paul has had a very good pre-season and hasn't missed a beat. He's worked hard on a couple of little areas in his game that he needed to improve.

AFL FANTASY: He is one of the go-to players in defence, meaning plenty of uncontested possessions.

42

**MICHAEL WOOD**

DOB: 15/07/94 HEIGHT: 189cm
WEIGHT: 77kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Michael played 10 league games for Subiaco in 2013. He is a smart footballer who uses his body well in contests.

WHAT THE COACHES SAY (ROGER HAYDEN): He's slowly working his way into it and trying to find his niche at the moment. Like all new recruits, he is learning about what is expected from a young player at the club.

AFL FANTASY: Wood is not likely to feature in AFL Fantasy this year. As always, watch the rookies closely to see if they get elevated.

37

**MICHAEL JOHNSON**

DOB: 20/10/84 HEIGHT: 195cm
WEIGHT: 88kg CAREER GAMES: 172
CAREER GOALS: 59
DEBUT: Rd 4, 2005 v Richmond

OUTLOOK: A brilliant 2013 from this warrior of the club. He ranked number one out of all defenders in the AFL for metres gained last year. Expect another strong season in 2014

WHAT THE COACHES SAY (MICHAEL PRIOR): It's been a really good summer from Michael. He is going really well and we expect him to be running and rebounding well off half-back, which he does really well. He's one of the best in the competition, hence his All Australian selection last year.

AFL FANTASY: Johnson is an excellent choice for your backline as he gathers plenty of uncontested possessions across half-back.

39

**SAM MENEGOLA**

DOB: 07/03/92 HEIGHT: 188cm
WEIGHT: 90kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Menegola has elite endurance skills – the best at the club, but he's been unable to make a senior appearance in three seasons at AFL level. This looms as a huge year for the former Hawthorn recruit.

WHAT THE COACHES SAY (MARC WEBB): Is renowned for his aerobic capacity. He's been training well, his strength is up and his running capacity is still up there. Sam's one that is so diligent and will do everything to give himself an opportunity and he's really looking forward to giving himself that best chance this year.

AFL FANTASY: Has the ability to run all day, which is a major plus in AFL Fantasy, but he'll need to work his way off the rookie list before being considered for an AFL game.

43

**TOM VANDELEUR**

DOB: 15/07/94 HEIGHT: 197cm
WEIGHT: 92kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Tom is a versatile tall defender who played eight WAFL colts games for Claremont in 2013. His draft combine highlighted his athleticism; he recorded an 89cm vertical jump, ran 3.00sec over 20m and recorded a 24.49 repeat sprint time.

WHAT THE COACHES SAY (ROGER HAYDEN): Had a few issues with his calf when he first arrived and he's slowly getting back into it. Played in the intra club and we're looking forward to the year ahead.

AFL FANTASY: Vandeleur will develop in the WAFL with Peel. Track his progress closely.

44

**JACOB BALLARD**

DOB: 26/02/1994 HEIGHT: 187cm
WEIGHT: 90kg CAREER GAMES: 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK: Jacob is a good size for a midfielder at 187cm and 90kg. He has good endurance and work ethic in games. Good at the contested ball and his ability below his knees is strong.

WHAT THE COACHES SAY (MARC WEBB): He started off flying before Christmas but unfortunately he had a bit of an irritation in his back and was set back a few weeks. He's a big-bodied midfielder, which is great.

AFL FANTASY: As with all rookies, keep a close eye on his form in the WAFL.

46

**CLANCEE PEARCE**

DOB: 23/10/90 HEIGHT: 178cm
WEIGHT: 85kg CAREER GAMES: 69
CAREER GOALS: 31
DEBUT: Rd 11, 2009 v Port Adelaide

OUTLOOK: Endured terrible luck to have his season ended on the eve of the finals. Before that he had become a valuable member of the team capable of playing in the midfield and in defence.

WHAT THE COACHES SAY (BRETT KIRK): Had a slow start to pre-season training due to his Achilles operation. He is now full steam ahead and is desperate and hungry to help drive high performances in the team.

AFL FANTASY: Pearce scored strongly on a consistent basis for someone who wasn't selected by many coaches in 2013. Wait to see if he is ready to go from the start.





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DRAFTTES: From left, Michael Apeness, Brady Grey and Alex Pearce could develop together playing for Peel.

Peel Partnership

SET TO FAST-TRACK DEVELOPMENT

The Fremantle Dockers enter a historic partnership with WAFL club Peel Thunder in 2014. **STORY » ROSIE DUFFY**

This year marks the first season that the Fremantle Dockers enter a full WAFL partner club model with the Peel Thunder Football Club.

Under the agreement, all players on Fremantle's list will have Peel as their host WAFL club, allowing Fremantle players not playing at AFL level to play together at one WAFL club as opposed to being spread across the nine WAFL clubs.

Fremantle general manager of football operations Chris Bond said the alignment was an important one for the club.

"The ability to have all our players in the one environment, playing a certain type of football, allows for the fast-tracked development of those players and there is a strong benefit to both parties," Bond said.

"We think it's going to be great for Peel, our players and the Fremantle Football Club."

Chief executive officer Steve Rosich said the club welcomed the WAFL partnering model that will see the clubs aligned for at least five years.

"We are very pleased that this long-term strategic and important

“ WE THINK IT'S GOING TO BE GREAT FOR PEEL, OUR PLAYERS AND THE FREMANTLE FOOTBALL CLUB. ”

CHRIS BOND

issue has been resolved and that the WAFC has been able to negotiate an agreement that bodes well for the future of both the WAFL and WA's two AFL clubs," Rosich said.

"In addition to enhancing the development of our players and ensuring best practice in areas such as player welfare, the positive impact of this initiative will be felt across the WAFL.

"Financially, the seven non-partner WAFL clubs receive a significant increase in their annual grants while the partner clubs will have reduced recruiting costs, salary cap savings and reduced costs for their coaching and medical staff.

"The WAFL competition will also be boosted by the continued strong linkage between the two WA AFL clubs and the WAFL competition, and the joint promotion of the game in WA." 

FREMANTLE DOCKERS MEMBERS PEEL THUNDER SPECIAL OFFER

Head to Bendigo Bank Stadium for the WAFL round 1 clash between Peel Thunder and East Perth on Saturday 22 March for the discounted Fremantle members' price of \$10. Simply present your 2014 membership card upon entry to the stadium. Entry is free for children aged under 16 years of age.



Old STOMPING grounds

From education, autographs and photos to tug-of-war and haircuts for charity, the Fremantle Dockers enjoyed another successful Australia Post AFL Community Camp.

Three Freo players returned to their grassroots in February when the club visited the Peel region as part of the club's 2014 Australia Post Community Camp.

Hayden Ballantyne grew up in Mandurah, Anthony Morabito in Harvey and new recruit Scott Gumbleton spent his early years in Halls Head.

Gumbleton visited Rockingham Senior High School and Warnbro Community College.

Meanwhile Ballantyne and Morabito were 50kms away at Pinjarra Football Club conducting a super clinic for the local Auskick stars.

Also at the super clinic were the World's Greatest Shave team from

the Leukaemia Foundation. They were there to shave the heads of Jack Hannath, Zac Dawson, Michael Walters and Michael Johnson.

The four Freo stars were happy to lose their locks for a good cause.

Helping out with the shave was Sam Menegola, the 'go to guy' for the players at the club for haircuts.

Local boy Xavier Weston helped out with the shave.

Walters was the brave one to let Xavier take to his hair with a pair of electric clippers.

Assistant coaches Mark Stone and Michael Prior conducted a training session for talented locals after the clinic.

This also included a development session for coaches from the surrounding region. In total the players visited

more than 30 schools in towns including Pinjarra, Harvey, Waroona and Baldivis.

The group to travel the furthest were Victorian county boys, Michael Barlow, Tom Sheridan and Matt Taberner, who ventured out to Collie, 200km south of Perth.

The trio visited Wilson Park Primary School and Collie Senior High School. Barlow said the trip reminded them of their childhoods.

"Myself, Tom and Matt all grew up in towns just like Collie, so we remember when the footy players paid us a visit and how happy it made us feel," Barlow said.

"Hopefully, we've been able to bring a smile to the faces of these children."

“ IN TOTAL THE PLAYERS VISITED MORE THAN 30 SCHOOLS IN TOWNS INCLUDING PINJARRA, HARVEY, WAROONA AND BALDIVIS ”

SPREADING THE PASSION: The players engaged in various fun and informative activities with the locals during this year's Community Camp.





STARS: The Starlight ambassadors with the Starlight wish kids

STARLIGHT
Purple Haze
GAME 2014

FREMANTLE DOCKERS
v GOLD COAST SUNS

Saturday 29 March, 4.40pm
Patersons Stadium

STARLIGHT PURPLE HAZE

A SPECIAL FREO TRADITION

Now in its 12th year, the annual Starlight Purple Haze game offers Freo fans the opportunity to show their support for the club and a great cause.



GOOD CAUSE: Freo fans give Zac Clarke a donation for Starlight at last year's game

Fremantle Dockers fans are known for many things. Their roaring vocals, vibrant attitude and unwavering commitment to their club... and the ability to bring all these characteristics together for the sake of a good cause at the annual Starlight Purple Haze Game. Proudly supported by Fremantle Ports, the match is now a tradition we have all become very proud of.

In 11 seasons, more than \$500,000 has been donated by the Fremantle faithful to the Starlight Children's Foundation,

allowing great work to be done to brighten the lives of seriously ill and hospitalised children in WA.

This year, we are looking to break the fundraising record for a 12th consecutive season, a big ask considering more than \$106,000 was raised from last year's game.

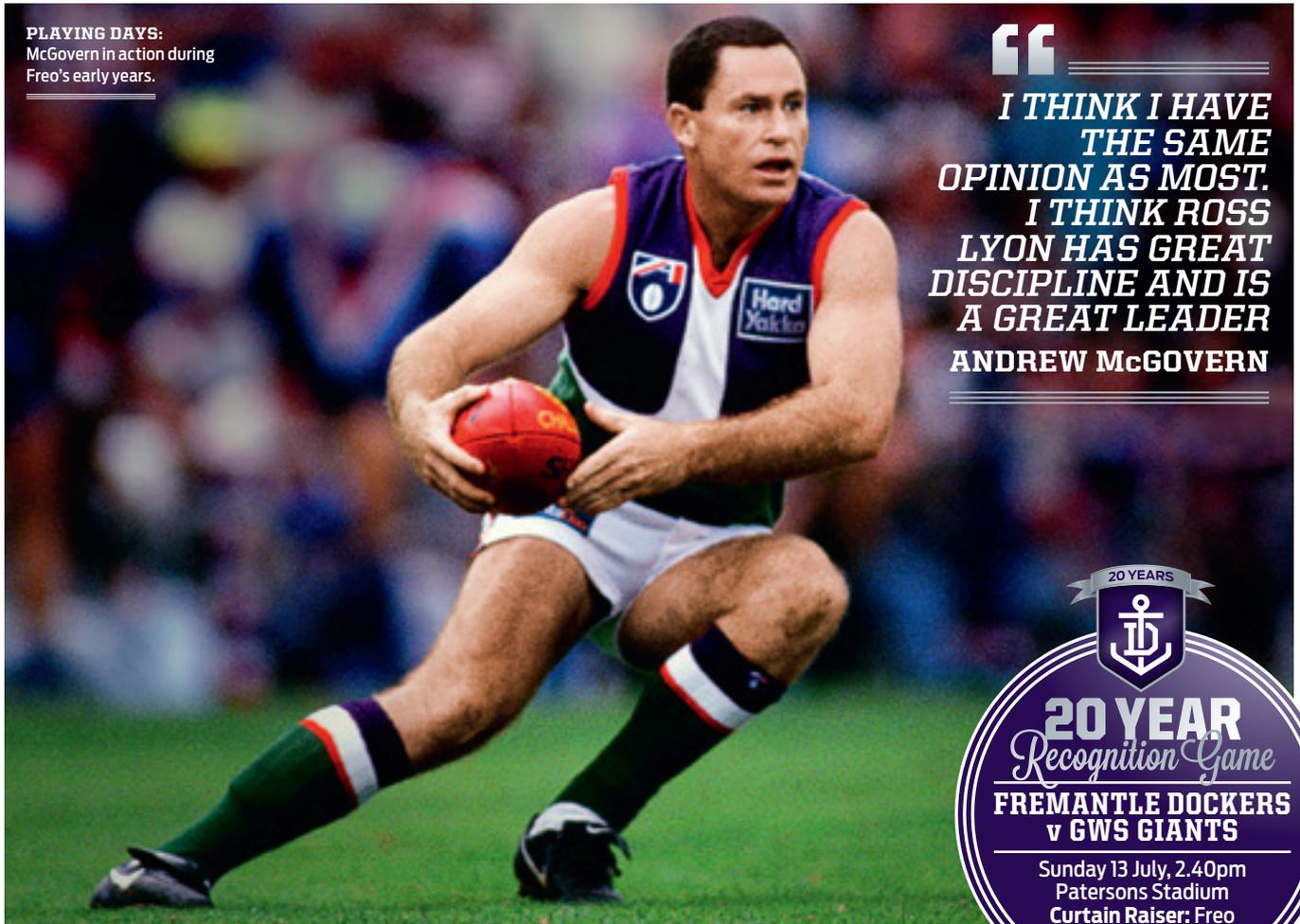
But if anyone can do it, the Purple Army can.

So make sure you get the purple ready to help create 'the haze' for our first home game of the 2014 season against the Gold Coast Suns at Patersons Stadium and give generously as we help give the sick kids of Perth a reason to smile. 

“
IN 11 SEASONS,
MORE THAN
\$500,000 HAS
BEEN DONATED.
”



PLAYING DAYS:
McGovern in action during
Freo's early years.



“
**I THINK I HAVE
THE SAME
OPINION AS MOST.
I THINK ROSS
LYON HAS GREAT
DISCIPLINE AND IS
A GREAT LEADER**
ANDREW MCGOVERN



WHERE HAVE THEY DOCKED?

ANDREW MCGOVERN

Starting life in the AFL with Sydney, Andrew McGovern made the move west in 1994 to be part of the inaugural Fremantle Dockers squad. He played 62 games for Freo and will take to the field one more time in 2014.

What did you do after you retired?

I retired in 1999 and in January 2000 I moved with my family to Warburton, Western Australia. I worked there for two years as a sport and recreation manager. From there, I moved to Kalgoorlie and was there for four years setting up the first regional Clontarf Academy with Gerard Neesham. Then I moved to Albany and set up another Clontarf program.

What do you do for a living?

I'm still working with the Clontarf Foundation. I have just moved back to Perth from Albany to set up a program at Girrawheen Senior High School.

Tell us about your family?

My wife Michelle and I have two sons, Jeremy who is 21 and Mitchell is 19.

Do you still follow Freo?

I still have an interest in Freo, but since I have been living out of Perth it's been

a bit hard to go to the games. Now that I have moved back I'd like to get to a few more.

What are your thoughts on the current Freo team?

I think I have the same opinion as most. I think Ross Lyon has great discipline and is a great leader. It's good to see how the players are responding to him.

Do you have a favourite player you like to watch?

Nat Fyfe. When I was in my early 20s I lived in Lake Grace for a couple of years, and that's where he is from. I really like David Mundy, too, he's a very polished footballer with good skills.

How are you feeling about participating in the past players curtain raiser before the 20 Year Recognition Game in round 17?

I've put my name down so now I just need to get fit. I've only just moved

back to Perth, so I am trying to reacclimatise myself. Once I do that, I'll be able to get out and train. I'll go out there and try my best. It will be good to catch up with all the old guys and see how everyone is going.

Do you keep in contact with any of your ex-teammates?

I get to keep in touch with some of the guys through work. There are a few ex-Freo players working with the Clontarf Foundation throughout Australia. I still have a close relationship with my old coach Gerard Neesham, he's my boss so I'm always in contact with him.

What's your favourite memory of being an inaugural Docker?

I think the excitement we bought to the AFL through the way we played our footy. We played a good attacking brand of football that was exciting to watch. 🏈



MARRIED: McGovern with wife, Michelle.



«UNE SAISON DE FORCE»

We wish the Fremantle Football Club 'a season of strength' while our iconic French label, DANIEL HECHTER, and the Fremantle Football Club celebrate five years of partnership.

Fremantle members need only present your membership card for a 20 per cent discount all year round, at the DANIEL HECHTER store, Brookfield Place, St Georges Terrace, Perth. DANIEL HECHTER can be found at other reputable retailers across Perth. Please visit www.danielhechter.com.au for stockists.

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P A R I S



CHAMPION TURNS 25

It's a very special year for WA's favourite police officer in 2014. This year Constable Care turns 25 and in honour of this milestone Constable Care's helpers have been busy planning celebrations that will last all year long!

You too can join in on Constable Care's special year by emailing him a birthday message to mail@constablecare.org.au. Include your name and address and Constable Care will send you his super-sized and very bright 2014 Calendar and Planner to help keep track of all the exciting things happening this year.

Constable Care's Ambassadors Aaron Sandilands, Luke McPharlin and Stephen Hill have already started the celebrations presenting Constable Care with a number 25 jumper at this year's team photo shoot. Constable Care is proud to continue its charity partnership with the Fremantle Dockers in 2014, joining forces to have a positive influence on child safety throughout Western Australia.

Happy birthday Constable Care and best of luck to the Fremantle Dockers for a winning 2014 season!

BIRTHDAY GIFT: Constable Care ambassadors (from left) Stephen Hill, Aaron Sandilands and Luke McPharlin give their favourite policeman a present.

SHAVED: Sam Menegola helps young Xavier shave off Son Son's locks.



FREO PLAYERS LOSE THE LOCKS



For most people, letting a five-year-old loose on their hair with a pair of electric shavers is not something to look forward to. For Michael Walters, it was a privilege.

Walters was one of four Freo players to have his head shaved to help launch the Leukaemia Foundation's World's Greatest Shave campaign, which runs from 13 to 16 March, 2014.

"I haven't had my head shaved since I was in year six," Walters said.

"I was glad Xavier did it for me, I wouldn't have wanted anyone else to do it.

"It was great to be part of such an amazing initiative and to show Xavier that he is not alone as he fights this disease."

Xavier Westcott is a local Pinjarra resident who was diagnosed with acute lymphoblastic leukaemia in June 2013. He is undergoing chemotherapy, but that didn't stop the avid Freo fan from going along to help out with the shave.

Walters' advice to other people thinking about getting a 'new do' was straight forward.

"I liked my old comb over, but at the end of the day it's just hair and it will always grow back," he said.

"I'm fortunate to have my health, I have kids of my own, so I wanted to show Xavier that he has people who will help him through this.

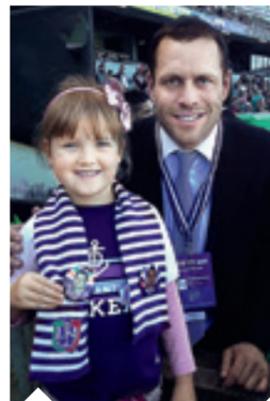
"I'd encourage everyone to either support someone doing the shave, or sign up for the shave themselves." 

To be part of the 2014 World's Greatest Shave head to: www.worldsgreatestshave.com

FRE-OHA

The Chellin and Gaffney families travelled to Hawaii together last year. We managed to pick up live coverage of the Carlton Mid Derby and the celebrations were heard all across Waikiki Beach.

CRAIG GAFFNEY
CANNING VALE



GROVER'S NUMBER ONE FAN

Grace Petersen has been a member since she was born. She was lucky enough to meet Antoni Grover at a home game last season and, coincidentally, Grace just happened to be wearing his badge on her scarf. Antoni was thrilled this little supporter had not forgotten him. From the applause he received as he walked along the boundary, no one had forgotten his contribution to the team.

LYN PERRIGO
KARDINYA



WELCOME TO THE PURPLE PATCH

We asked our supporters to email us photos for 'The Purple Patch' at purplepatch@fremantlefc.com.au and we have received some fantastic shots! Here are some of the great entries.



SURF'S UP!

My son Max Bramwell had a surf in his hometown of Kalbarri with Stephen Hill. Max is a huge Dockers fan so meeting Stephen made his day. Max plays football for Northampton and took out fairest and best for 2013.

DONELLE ANDREWS
KALBARRI



BIRTHDAY TREAT

My husband is a proud, loyal and passionate Freo Dockers supporter. We were at the Grand Final in September, so it was only fitting that we give him a Freo cake for his 40th birthday. He was so impressed with his birthday cake he didn't want to cut it.

MELANIE FASSOM
SAFTEY BAY

20 YEARS OF FREO

Micki and I have been members since 1994 and were travelling through Mongolia when the Grand Final was on. We scrambled to pick up the score in Ulaanbaator when we could get a Wi-Fi connection. We currently live in Brisbane and have been to every Freo Dockers game in Queensland since moving in 2004. Our passion has not waned during the 20 years. We have been members despite not living in Perth since the end of 2002.

BRUCE JAMES
QUEENSLAND



DADDY'S DELIGHTED DOCKER

My daughter Addison Lee Montague is set to become the fifth Freo Dockers member in my family... joining her dad, grandad, uncle and aunty. Born on 20 January 2013, she has already been to her first AFL match, travelling with mum and dad to Melbourne to watch the Dockers demolish the Demons at the MCG in round 21.

DAMIEN MONTAGUE
HARRISDALE



YOSHI'S PRIDE

This is my Aussie Bulldog Yoshi and he is definitely your number one fan. Yoshi loves putting on his Freo shirt every week and he even sits down and watches every game.

DAYNA GIZZARELLI
NANNUP



SPREADING THE PASSION

On the morning of last year's Grand Final, at the Hyatt on the Park hotel in Melbourne, I managed to get our Prime Minister Tony Abbott in the Freo colours!

DAVID LEES
EAST FREMANTLE



PURPLE CATCH

On a recent fishing trip, I caught this 14kg Dhufish. Whenever I go fishing I will always wear one of my Fremantle Dockers caps for good luck. On this instance, it did not let me down as this is the biggest fish I have ever caught.

JOHN SVENSSON
KARDINYA

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hi kids,

I hope everyone is ready for the season to start! Jenny and I have been so excited about footy coming back, we've been practicing our kicking and handballing everyday. It was great to see so many junior fans at the Community Camp Super Clinic in Pinjarra.

For those playing Auskick this season, good luck and keep us updated by sending your photos to us via email: kidzone@fremantlefc.com.au

Jenny and I will be at every home game this season, so if you see us at Patersons Stadium make sure you come up and say hello, we love meeting our fans.

Catch you on the flip side,

johnny 'the doc' docker



HOUSE MATES

Deciding what to watch on TV causes the biggest arguments among housemates Jack Hannath, Max Duffy and Tanner Smith.

The trio live in a townhouse in Bicton and gave us an insight into living with each other.

After much debate, here are the answers they gave Johnny when he visited them for their Docker interview:



Jack Hannath



Max Duffy



Tanner Smith

Who is the messiest?
MAX

Who is the cleanest?
TANNER

Who does all the cooking?
WE TAKE IT IN TURNS EACH NIGHT

Favourite household meal?
STEAK & SALAD

What show is on your TV the most?
THE BLOCK

Who has the biggest bedroom?
JACK



MEET THE new recruits



25 ALEX PEARCE

Favourite food: Sushi
Favourite colour: Green
Favourite TV show: How I Met Your Mother
Pump up song: Anything by Eminem
Favourite sport other than AFL: Cricket
Home state: Tasmania



28 BRADY GREY

Favourite food: Avocado on toast
Favourite colour: Purple
Favourite TV show: The Big Bang Theory
Pump up song: Lose Yourself by Eminem
Favourite sport other than AFL: Cricket
Home state: Tasmania



42 MICHAEL WOOD

Favourite food: Prawns
Favourite colour: Blue
Favourite TV show: NBA Game Time
Pump up song: On Top by Flume
Favourite sport other than AFL: Basketball
Home state: WA



43 TOM VANDELEUR

Favourite food: Burgers
Favourite colour: Blue
Favourite TV show: Friends
Pump up song: On Top by Flume
Favourite sport other than AFL: Basketball
Home state: WA



44 JACOB BALLARD

Favourite food: Roast
Favourite colour: Blue
Favourite TV show: Game of Thrones
Pump up song: Till I Collapse by Eminem
Favourite sport other than AFL: Basketball
Home state: Victoria



35 MICHAEL APENESS

Favourite food: Lamb roast
Favourite colour: Blue
Favourite TV show: Band of Brothers
Pump up song: I don't listen to music before a game
Favourite sport other than AFL: Rugby Union
Home state: Victoria



CONSTABLE CARE SAYS



“ We want to see you at the game no matter rain or shine, to cheer the boys on when Ballas kicks the ball over the goal line ”

GATE 8 KIDZONE AT PATERSONS STADIUM

The Freo KidZone at Patersons Stadium will be back bigger and better than ever in season 2014.

Head to gate 8 before bounce down at each home game for all your pre-game fun during 2014. There will be competitions, face painting and loads of fun and games.

See you there!

FACE PAINTING



FUN & GAMES



FREMANTLE
DOCKERS
RECOGNISING
20 YEARS

BE PART OF
FREO HISTORY

Secure your name on Fremantle's 20-Year Recognition Round jumper which will be worn by the players for the round 17 clash against Greater Western Sydney.



The price is \$170 and includes your name on the playing jumper alongside the names of every Fremantle player who has played a game since the club's inception.

You will also receive a replica jumper to keep.

Limited availability.

Purchase online now at fremantlefc.com.au

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OWN THE
MOMENT



20 YEAR GALA DINNER
Friday 1 August, 6.30pm to midnight,
Perth Convention and Exhibition Centre
\$250 per ticket

Join past players and other passionate Fremantle members for this very special event. Guests will enjoy a sumptuous three-course dinner with premium sponsor beverages and entertainment.

Tickets on sale now at fremantlefc.com.au
or simply scan the QR code below:

